



**Ontario Gerontology Association/  
ontarienne de gérontologie**

*27th Annual Conference*

# **The Power of Positive Aging**

**Thursday May 29 & Friday May 30, 2008**

**Crowne Plaza Hotel – Don Valley**

**1250 Eglinton Avenue East, Toronto**

**Co-sponsored by:  
Regional Geriatric Programs of Ontario**



## 27<sup>h</sup> Annual OGA Conference Co-Sponsors



### ONTARIO GERONTOLOGY ASSOCIATION / ONTARIENNE DE GÉRONTOLOGIE

An associate of the Canadian Association of Gerontology/ Association  
canadienne de gérontologie

**The OGA is committed to working with all stakeholders to improve  
the quality of life for older adults by advancing the teaching,  
learning and practice of gerontology in the province.**

315 Christie Street, Suite C216, Toronto, ON M6G 3C3

Tel: 416-535-6034 Fax: 416-535-6907

Email: [info@gerontario.org](mailto:info@gerontario.org)

Web: [www.gerontario.org](http://www.gerontario.org)



### REGIONAL GERIATRIC PROGRAMS OF ONTARIO

Regional Geriatric Programs (RGP's) provide a comprehensive range of specialized geriatric services. Interdisciplinary teams assess and treat functional, medical and psychosocial aspects of illness and disability in older adults who have multiple and complex needs. Working in collaboration with primary care physicians, community health professionals and others, we seek to meet the needs of the most frail and vulnerable seniors.

Web: [www.rgps.on.ca](http://www.rgps.on.ca)

## Program at a Glance

### Thursday May 29, 2008

- 5:00 p.m. - 8:00 p.m. Registration Open
- 6:00 p.m. - 6:30 p.m. OGA/AOG 27<sup>th</sup> Annual Meeting  
All members are invited to attend
- 6:00 p.m. - 7:00 p.m. Refreshments, Silent Auction, Networking
- 7:00 p.m. - 8:30 p.m. **Special Forum**  
*The Ontario Aging at Home Strategy & LHIN  
Solutions for Healthy, Independent Living*

### Friday May 30, 2008

- 7:30 a.m. - 1:30 p.m. Registration Open  
Continental Breakfast, Exhibitors'  
Marketplace, Silent Auction & Networking
- 8:30 a.m. - 8:45 a.m. Opening Remarks
- 8:45 a.m. - 9:45 a.m. **Morning Plenary Session** : GRCO Lecture  
Dr. Michael Gordon, MSc, FRCPC
- 9:45 a.m. - 10:15 a.m. Refreshment Break: Exhibitors' Marketplace,  
Silent Auction & Networking
- 10:15 a.m. - 11:15 a.m. **Concurrent Sessions A1- A7**
- 11:30 a.m. - 12:30 p.m. **Concurrent Sessions B1-B7**
- 12:30 p.m. - 1:30 p.m. Networking Lunch & Exhibitors' Marketplace,  
Silent Auction & Networking
- 1:30 p.m. - 2:30 p.m. **Concurrent Session C1-C7**
- 2:30 p.m. - 2:45 p.m. Refreshments, Exhibitors' Marketplace &  
Networking
- 2:45 p.m. - 3:45 p.m. **Afternoon Plenary Session**  
The Power of Positive Aging
- 3:45 p.m. - 4:00 p.m. Closing Remarks

Descriptions for the concurrent sessions are in the following pages.

# The Power of Positive Aging Conference Program Thursday May 29, 2008

6:00 p.m. - 6:30 p.m.

**OGA/AOG 27th Annual Meeting**

6:00 p.m. - 7:00 p.m.

Refreshments, Silent Auction & Networking

7:00 p.m. - 8:30 p.m.

## ***SPECIAL FORUM***

### ***The Ontario Aging at Home Strategy & LHIN Solutions for Healthy, Independent Living***

On August 28, 2007, the Ontario government announced *Ontario's Strategy for Transforming Community Living to help Seniors Live Independently at Home (the Aging at Home Strategy)*. The three year \$700 million strategy will be led by the Local Health Integration Networks (LHINs) and will offer new lifestyle choices that are reflective of how seniors truly want to live.

The Strategy has identified the following goals:

- To enable seniors to live healthy, independent lives in their homes.
- Impact the way services are delivered and help provide more equitable access to health care by matching the needs of the local senior population to the appropriate support service.
- Offer new possibilities for Ontario's culturally diverse populations and other community-level organizations like service clubs and groups of seniors to help serve themselves.
- Provide supports to help keep seniors healthy and active longer.
- Look at innovative solutions to respond to Ontario's diverse aging population.



**Moderator:  
Cal Martell**  
Director, Regional Geriatric Program of Eastern Ontario, and Chair, RGPs of Ontario

# ***The Ontario Aging at Home Strategy & LHIN Solutions for Healthy, Independent Living***

## **OPENING REMARKS**



**Honourable George Smitherman**  
Minister of Health and Long-Term Care (Invited)

## **PANEL MEMBERS**



**David Colgan**  
Senior Director, Planning, Integration and  
Community Engagement,  
Central West LHIN

TBD

**Lynn Huizer**  
Integration Consultant  
North Simcoe Muskoka LHIN



**Nancy A. Sears, CHE PhD**  
Senior Director, Planning, Integration and  
Community Engagement,  
South East LHIN



**Kelly Gillis**  
Senior Director, Planning, Integration and  
Community Engagement,  
South West LHIN

# The Power of Positive Aging Conference Program *Friday May 30, 2008*

- 7:30 a.m. - 1:30 p.m. Registration Open
- 7:30 a.m. - 8:30 a.m. Continental Breakfast, Exhibitors, Silent Auction
- 8:30 a.m. - 8:45 a.m. **Opening Remarks**  
**Marlene Awad**, President, Ontario Gerontology Association Board of Directors
- 8:45 a.m. - 9:45 a.m. **MORNING PLENARY SESSION**

## **17<sup>th</sup> Annual GRCO Bayne-Galloway Lecture**

*The annual GRCO Bayne-Galloway Lecture was initiated to bring the work of internationally recognized researchers to practitioners and the academic community in Ontario.*



**Dr. Michael Gordon, MSc, FRCPC**

### **Geriatrics and Aging – “A View Through the Lens of History**

The history of aging is long, fascinating and glorious. This presentation will follow the history of aging from biblical times through classical times, the middle ages through to the current era, through the lens of art and literature.

Dr. Michael Gordon is the Medical Program Director of Palliative Care, and the former Vice President of Medical Services and Director of Geriatrics and Internal Medicine at Baycrest Geriatric Health System. He is a professor of Medicine and a Member of the Joint Centre for Bioethics at University of Toronto. He is a past member of the Canada's National Advisory Council on Aging, and was recently re-elected as a Member of the General Council of the College of Physicians and Surgeons of Ontario. Dr. Gordon is the past Chair of the Provincial Drug Quality and Therapeutics Committee and a current active member of the Coroner's Committee on Geriatrics and Long Term Care.

**9:45 a.m. - 10:15 a.m. REFRESHMENT BREAK - Exhibitors' Market Place, Silent Auction & Networking**

**CONCURRENT PAPER SESSIONS: A1 – A6**  
**10:15 a.m. - 11:15 a.m.**

**A.1 AGING AT HOME: HEALTH CARE DELIVERY MODELS**

**The Power of Partnerships in Developing Innovative Health Care Models**

*Cathy Sturdy-Smith, Karen Conway*  
*Trellis Mental Health and Development Services*  
*Grand River Hospital- Freeport*

This session will focus on health care delivery models that demonstrate best practice approaches, collaboration, and patient centred care. This presentation will highlight the ways strong partnerships and resource maximization can facilitate innovative approaches in providing continuity of care across the healthcare spectrum.

**What Seniors, Frail Elders and their Caregivers Need from our Health Care System**

*Lynn Hulzer, North Simcoe Muskoka LHIN*

This session will provide an overview of survey results collected by the North Simcoe Muskoka LHIN. The purpose of the survey was to capture the experiences of seniors, frail elders, and caregivers with the health care system. Results from the survey will be used in the development of a health care delivery model.

**A.2 THREE D'S – EVIDENCE BASED EDUCATION INITIATIVES**

**Reaching Family Physicians: Dementia Education**

*Dr. Bill Dalziel, Regional Geriatric Program of Eastern Ont*

The Champlain Dementia Network has developed and implemented an innovative, needs-based, Dementia Education Program for family physicians, which provides continuing education of physicians in order to improve their diagnostic assessment and treatment of dementia.

### **A Day in the Life of .....Sharing a Patient's Story**

*Dr. Jean Byers, Sandra Mairs MHSN, GNC (C)  
Whitby Mental Health Centre*

The communication process between caregivers upon discharge is crucial when transferring care of an elderly individual with a mental health challenge or memory disorder. Presenters will discuss a unique approach to convey the patient's daily routine and plan of care to receiving caregivers developed by the nursing staff in the Seniors Mental Health Program at Whitby Mental Health Centre

## **A.3 SENIORS AND SOCIAL SUPPORTS**

### **The Influence of Social Support on the Health of Chronically ill Urban and Rural Seniors**

*Kristie Clark, RN, MScN ,RGP London*

There are a large number of seniors living in Canada with chronic-illness. The impact of social support on health (self-rated health and self-rated mental health) for chronically-ill seniors from three Canadian provinces (Quebec, Alberta, and British Columbia) was examined. This presentation will discuss the findings of this research and explore the implications for healthcare professionals.

### **Sibling Relationships in Home-Based Dementia Care**

*Oona St.-Amant, University of Western Ontario*

Two thirds of seniors receive some of their care from their adult children/children-in-law. The purpose of this presentation is to discuss results collected from a research study on how adult children and siblings/siblings-in-law negotiate the provision of home-based care for their parent/parent-in-law living with dementia.

## **A.4 INNOVATIVE EXERCISE PROGRAMS FOR SENIORS**

### **Best Practices to Support Exercise Programming for Older Adults**

*Clara Fitzgerald, Director, Canadian Centre for Activity & Aging.*

Scientific evidence suggests that regular physical activity influences the health and well-being of people of all ages and abilities. Little research suggests specific type, volume, and intensity of exercise required to confer physiological benefits. This presentation will look at recent guidelines for both community-dwelling older people and those living in care facilities.

**Keeping Seniors Active: Community Pool Programs for Living with Chronic Illness.**

*Anita Menelson, MSc, BMR(PT)*

*Angela Chan, MHSc, BPT, Baycrest*

This paper reports evaluation findings of a community warm water exercise program. These findings demonstrate the programs' success in sustaining healthy behaviors in community dwelling seniors living with chronic illness.

**A.5 ENHANCING DEMENTIA CARE & WORKING ENVIRONMENTS**

**Disclosing a Diagnosis of Dementia: A Review of Evidence on Older Persons Perspectives and Reactions**

*Faranak Aminzadeh, RGP of Eastern Ontario*

This paper synthesizes the evidence on the meaning of dementia diagnosis for older adults, their reactions and coping responses to the diagnosis, and their preferred manner of disclosure.

**A Pilot Project on Dementia to Positively Influence Hiring Practices of Staff in Selected Retirement Homes**

*Dianne Rossy, The Ottawa Hospital*

*Marg Eisner, Alzheimer Society of Perley and Rideau*

The Champlain Dementia Network developed an interview package to assist managers of Retirement Homes when selecting new staff. The package contains behavioral based dementia interview questions as well as a bank of questions compiled from various health care agencies in Champlain area.

**A.6 PROMOTING RESPECT & EXCELLENCE IN GERIATRIC CARE**

**Meeting the Challenge to Provide Excellence in Geriatric Services in a Community Setting**

*Robin Hurst, Janice Fozo, Saint Elizabeth*

A team of nursing professionals who provide a task orientated service to seniors in a retirement home have embraced the challenge to provide a holistic approach and excellence in geriatric services to seniors living in the community.

## **The Power of Respectful Care**

*Tammy Rankin, Compassionate Aging Education and Consulting*

Positive aging should not stop with the introduction of institutional living. A foundation for positive aging in care settings is the culture of respectful care. Respectful care provides an abuse free living and working environment for all in care settings promoting positive aging.

### **WORKSHOP SESSION: A7**

**10:15 a.m. - 11:15 a.m.**

#### **A.7 WORKSHOP (PART 1) PAIN MANAGEMENT**

### **Pain is in the Brain: The Role of Cognition and Behavior in Pain Assessment and Management.**

*Marjorie Hammond, MHSn, CNC – Pain  
Baycrest Geriatric Health Care System*

This two hour interactive workshop on pain management will provide learners with the skills and knowledge to enhance their clinical decision making skills related to assessment and management of pain in the elderly. A certificate of completion will be awarded upon completion of the workshop. (See B7 for second part of this workshop)

### **CONCURRENT PAPER SESSIONS: B1- B5**

**11:30 a.m. – 12:30 p.m.**

#### **B.1 HEALTHY AGING RESEARCH**

### **A New Approach to Health and Aging Research in Ontario**

*Larry Chambers, Chief Scientist, Elisabeth Bruyere Research Institute*

On behalf of the seven ORC institutes/centres in Ontario, this presentation will discuss new and innovative approaches to health and aging research in Ontario.

## **Development and Application of a Multidimensional Construct of Healthy Aging**

*Madelon Cheverie, University of Waterloo*

This presentation will discuss a research study designed to create and validate a multidimensional definition of healthy aging using longitudinal and cross-sectional data from the Manitoba Study of Health and Aging. The major components of this definition included physical health, cognitive health, social health, and psychological health will be discussed.

### **B.2 MOOD AND RESPONSIVE BEHAVIORS IN LTC**

#### **Effectively Navigating the Labyrinth for Mood and Behaviour Symptoms in LTC**

*Dr. Lisa Van Bussel, Ann Jarvie, Regional Psychogeriatric Program, SJHC London*

Staff in LTC often experience challenges when attempting to provide care for residents who present with unresponsive behaviour or alterations in mood. The purpose of this presentation is to share with others our team's experience of attempting to help LTC staff recognize, cope with, and find the appropriate referral process and/or resources for seniors in their facilities that are exhibiting behavioral and mood symptoms.

#### **Enhancing LTC Workers' Confidence and Competence in Working with Clients with Aggressive Behaviours**

*Marion Schwiebert, RN, BA, Margaret Schell, RN, BScN, Peterborough Regional Health Centre*

This presentation will explore Proxemics Plus+, a pilot project aimed to increase worker safety, confidence, and competence in using verbal and physical interventions when responsive behaviours emerge. Developed by members of the Psychiatric Assessment Service for the Elderly (PASE) team, sponsored by Peterborough Regional Health Centre, the pilot builds on Dr. Edward Hall's concepts of proxemic spaces as a framework.

### **B.3 PROGRAMS FOR SENIORS IN THEIR HOMES**

#### **Sustaining Clients Gains Following Home Based Falls Intervention Programs**

*Vanessa Hart, RN, Lesley Patterson, MSW, Toronto Public Health.*

Evaluation findings of the Falls Intervention Team (FIT) Graduate Program, a program developed to promote community dwelling frail seniors' adherence to the Home Support Exercise Program.

#### **Evaluation of the VON Canada's SMART Community Based Volunteer In-Home Exercise Program**

*Sheila Schuehlein, VON Canada, Denise Connelly, PhD University of Western Ontario*

The VON Canada SMART program is an innovative functional fitness continuum of services for isolated, homebound, non-participating seniors to begin, progress and maintain physical activity, regardless of their ability. This presentation will explore methods for assessing the outcomes of a community-based exercise intervention; sharing VON Canada's SMART Program's evaluation process and findings to date.

### **B.4 ASSESSMENT TOOLS, BEST PRACTICES AND COLLABORATIVE PARTNERSHIPS**

#### **Leading the Implementation of Medication Reconciliation**

*Ryan DeForge, Lena Romeo, Rhonda Freeman, St. Joseph's Health Care London.*

The Geriatric Rehabilitation and Musculoskeletal Units of the Specialized Geriatric Services at St. Joseph's Health Care – London recently undertook the challenge of implementing medication reconciliation. This presentation describes how and why the initiative succeeded and offers lessons to those interested in implementing best practices.

#### **How the RAI-MDS 2.0 Promotes Enablement for People Living in LTC Homes**

*Pat Ordowich, Continuing Care e-Health*

Commencing in June 2005 and continuing today, Ontario has implemented or is in the process of implementing the 'Resident Assessment Instrument - Minimum Data Set' (RAI-MDS 2.0) in over 200 Long-Term Care Homes province-wide. This full suite of tools will

help care providers improve care and generate consistent data to support clinical and operational decisions.

## **B.5 DEMENTIA EDUCATION PROGRAMS FOR LTC HOMES**

### **Helping LTC Providers to Get More Bang for the Buck: Dementia Education Decision Making Tool.**

*Nancy Cooper, Ontario Long-Term Care Association  
Margaret Ringland*

This presentation will discuss the development and implementation of a dementia education decision making tool designed for LTC. The Decision Making Tool for Dementia Education assists organizations to support practice change and performance improvement through education. The tool helps users to determine whether they need education, whether they are able to support practice change, and what educational opportunities are available to them.

### **General Orientation on Dementia: A Pilot for Staff in LTC Homes**

*Marg Eisner, Alzheimer Society ,Ottawa,  
Dianne Rossy, The Ottawa Hospital*

The Champlain Dementia Network developed a generic orientation package to assist facilitators in long term care homes who are responsible for orientating new staff. This presentation will explore the orientation package which contains a dementia workbook, review questions, and presentation materials

## **WORKSHOP SESSIONS: B6 & B7 11:30 a.m. - 12:30 p.m.**

## **B.6 WORKSHOP – COLLABORATIVE CARE**

### **Doing it Right: A Collaborative Continuum of Care**

*Dr. Bill Dalziel, RGP of Eastern Ontario*

The Champlain Dementia Network has developed a case study continuum for the person with dementia and their family member from the point of diagnosis through a 10 - 12 year period. The case study continuum can be used as a template and a score card for the optimization of service delivery in a given region reviewing the desirable versus actual activities of physicians, service providers, family members and persons with dementia in a collaborative model.

**B.7 WORKSHOP (PART 2) PAIN MANAGEMENT**  
**Pain in the Brain: The Role of Cognition and Behavior in Assessment and Management.**

*Marjorie Hammond, Mason, CNC – Pain, Bay crest Geriatric Health Care System*

This is the second part of a two hour interactive workshop on pain management which will provide learners with the skills and knowledge to enhance their clinical decision making skills related to assessment and management of pain in the elderly. A certificate of completion will be awarded upon completion of the workshop. (See A7 for the first hour of this workshop)

**NETWORKING LUNCH, EXHIBITORS' MARKETPLACE & SILENT AUCTION 12:30 P.M – 1:30P.M.**

**CONCURRENT PAPER SESSIONS: C1 – C6**  
**1:30 p.m. – 2:30 p.m.**

**C.1 EXCELLENCE IN PATIENT CENTRED CARE**

**The Hospital Elder Life Program (HELP): Not just a Delirium Prevention Program.**

*Lori Geary, B.A. Elder Life Specialist York Central Hospital, Tatiana Diamond, BScN*

This presentation will discuss the Hospital Elder Life Program (HELP), a quality improvement initiative designed to help prevent delirium and functional decline in older persons in acute care settings. Presenters will speak about implementing HELP in a Canadian health care setting, changes in attitudes and behaviors of inter-professional staff on HELP units, program enhancements that increase patient access to HELP, and patient and family satisfaction in regards to the HELP program

**Circle of Friends for Seniors Project**

*Marion Cummins, Mary Burnett, Alzheimer Society of Hamilton and Halton*

The Circle of Friends for Seniors Project is a respite program that establishes a group of volunteers from within a care recipient's current

circles of influence – family, friends, neighbours, and faith group members - to assist the individual with dementia and his/her caregiver. Through partnerships, this project develops circle's members' skills through education sessions.

## **C.2 TECHNOLOGY: TELEPSYCHIATRY AND MORE TECHNOLOGY**

### **A Telepsychiatry Pilot Project of the Memory Intervention Program – A Successful Collaboration Between Baycrest And St. Joseph's Health Care London**

*Dr. Jennifer Fogarty, Psychologist, RGP, London*

The purpose of this session is to discuss the results of an innovative mild cognitive impairment intervention program delivered via telepsychiatry between Baycrest and St. Joseph's Health Care London.

### **Intelligent Distance Patient Monitoring: Who's Afraid of Technology**

*Linda Cazes, New IT Healthcare, Quebec*

This presentation provides an overview of using technology to maintain a clinical relationship with the aging person at home having one or multiple chronic conditions.

## **C.3 MULTI-DISCIPLINARY TEAMS: EVERYONE'S ROLE IS IMPORTANT**

### **The Case for Case Sharing**

*Nadine Crafton, OT, Baycrest*

*Anne Baillargien, Social Worker, SPRINT*

A case study will be used to demonstrate the benefits to clients, service providers and the health care system of two community service providers sharing complex cases.

### **Bringing It all Together: A Multidisciplinary Approach in a Geriatric Clinic**

*Jennifer Birkas, OT, Janice D'Agostino, Southeastern Ontario RGP*

Our traditional model of care for geriatric rehabilitation often resulted in long wait times, repetition of assessment, and delay to treatment. Recognizing a need for change, a team from specialized geriatric services developed a model of care that improved client care and also addressed these current health care delivery model issues.

#### **C.4 A MOSAIC OF TOPICS: FROM SENIORS CENTRES TO INTIMACY IN LTC**

##### **A Best Practice Approach in Supporting Staff in Areas of Intimacy and Sexuality of Older Persons**

*Deb Jenkins, Regional Best Practice Coordinator, MOHLTC*

This presentation will provide a best practice approach including three assessment tools to support caregivers of older persons in areas of sexuality and intimacy. Throughout this presentation, participants will gain insight into sexual tendencies that may be exhibited in older persons in their care and receive guidance and tools to assess levels of risk.

##### **Building Bridges to Tomorrow: The Future of Senior Centres In Ontario**

*William Krever, Older Adult Centres Association of Ontario*

The Older Adult Centres' Association of Ontario has received a three year grant from the Ontario Trillium Foundation to research senior centres in Ontario. The results from the study will be explored, and the future of senior centres as they get ready to serve the Baby Boomers will be discussed.

#### **C.5 SENIORS AND THE MEANING OF HOME**

##### **Home at Last Program**

*Christine Robb, CANES Home Support Services, Etobicoke*

The Home at Last Program is a unique program that links patients from hospital to home using personal support workers, assisted transportation and making any stops necessary en-route to ensure the comfort of the patient. Key aspects of this innovative program will be discussed.

##### **Home Sweet Home: Exploring the Meaning of Home for Older Persons with Dementia at the Point of Relocation From a Residential Care Facility**

*Faranak Aminzadeh, RGP Eastern Ontario*

This paper is part of a larger qualitative prospective study that aimed at understanding the meaning of home and relocation for older

persons with dementia at the critical point of relocation to a residential care facility. Study results will be discussed.

## **WORKSHOP SESSIONS: C6 & C7**

**1:30 p.m. - 2:30 p.m.**

### **WORKSHOP – TOOLS AND TOOLKITS FOR LTC**

#### **C.6 Diversity in Action: A Practical Application of Tools and Techniques Within a Toolkit**

*Sue Lantz, Thora Smaller, Marja Cope*

This user friendly tool kit provides a series of practices related to working with diverse populations and is based on extensive literature search and input from stakeholders. The workshop will provide an opportunity for hands on use of the tools, stories and information, based on case based examples. It will help participants apply and adapt the tools for use in their own setting.

#### **C.7 Music for Life's Journey**

*Bev Foster, Bed, BMus*

Music for life's journey is an interactive educational workshop suitable for front-line healthcare professionals, volunteer and family caregivers involved in caring for older adults with life-challenging and complex care needs. Through storytelling, live musical performance and evidence-based research, participants will gain knowledge of how music can be used as a supportive therapeutic resource across every domain to enhance the quality of life.

### **BREAK, EXHIBITORS' MARKETPLACE, NETWORKING & POSTING OF SILENT AUCTION WINNERS,**

**2:30pm – 2:45pm**

**AFTERNOON PLENARY SESSION  
2:45- 3:45P.M.**

**The Power of Positive Aging – Panel Discussion**

We are on the threshold of a new era in which the province will experience the largest, best educated, longest-lived, and most diverse older population. While this will certainly bring challenges, it will also bring opportunities and changes, and generally a more positive perspective on aging. The focus of this panel will be to discuss the power of positive aging.

**PANEL MEMBERS**



**Susan Eng – New** Vice President of Advocacy for CARP will speak on “Fifty is the new fifty”.



**Judy Steed** - Toronto Star columnist, author and recipient of the Atkinson Fellowship in Public Policy will speak on her research on the impact of the “demographic tsunami” created by the retirement of aging baby boomers.



**Bea Levis** - Ontario Coalition of Seniors Citizens Organizations (OCSCO); advocator for seniors and seniors’ rights

**Moderator: Dr. Joe Bornstein**, Vice President, Ontario Gerontology Association Board of Directors, Senior Manager, KPMG

**CLOSING REMARKS  
3:45-4:00pm**

**Joe Bornstein**, Vice President, Ontario Gerontology Association Board of Directors

**SILENT AUCTION  
Thursday 6:00- 8:00pm Friday 7:30 – 1:30pm**

Be sure to take time to browse our Silent Auction, featuring such items as a hand made twig chair, a variety of gift baskets and more! Silent Auction proceeds will be primarily used to support a registration subsidy for our student presenters. Any additional proceeds will be used to support an OGA special project, to be announced at the conference. *We appreciate your generous support*



# Ontario Gerontology Association

Conference May 29 – 30, 2008 / Crowne Plaza Hotel Don Valley

## Registration Form

Toronto, Ontario

### General Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Organization: \_\_\_\_\_ Position: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Are you a member of the OGA:

Yes  No

If no, would you like to join the OGA and benefit from member discounts, including savings on conference registration fees?

Yes  No

For more information, see our web site, or contact [info@gerontario.org](mailto:info@gerontario.org).

Are you a member of the RGP:

Yes  No

### Conference

*Please select one of the following:*

I am registering for the:

Full Conference  Friday Only  Thurs Evening Only

Full Conference includes: Thursday evening Forum, refreshments prior to the Forum, Friday sessions, breakfast and lunch on Friday, access to 'trade show' exhibits, silent auction, conference bag and a copy of the conference program.

Friday Only includes: Friday sessions, breakfast and lunch, to 'trade show' exhibits, silent auction, conference bag, as well as a copy of the conference program.

Thursday Only includes: Thursday evening Forum, refreshments prior to the Forum, as well as a copy of the conference program.



# Ontario Gerontology Association

Conference May 29 – 30, 2008 / Crowne Plaza Hotel Don Valley  
Toronto, Ontario

*If attending the Full or Friday conference, please note your preferred sessions*

I would like to attend the following concurrent sessions

(see program details in this brochure for choices):

**Session A**                      **First Choice**

**10:15 – 11:15**

**Session B**                      **First Choice**

**11:30 – 12:30**

**Session C**                      **First Choice**

**1:30 -2:30**

Please note that Workshop A7 and B7 are restricted to a maximum number of participants.

**Refund Policy: Cancellations received in writing will be accepted up to April 30, 2008 at 4:00pm, less an administration fee of \$50.00. Cancellations received after April 30, 2008 will not be refundable however, delegate substitutions are acceptable**

## **REGISTER EARLY!**

We encourage you to register early to take advantage of the Early Bird discount. Early Bird registration deadline is April 30, 2008.





# Ontario Gerontology Association

Conference May 29 – 30, 2008 / Crowne Plaza Hotel Don Valley  
Toronto, Ontario

## Conference Fees

**Please circle one of the following:	Before April 30th 2008			After April 30th 2008		
	Full Conference	Friday Only	Thurs Only	Full Conference	Friday Only	Thurs Only
<b>OGA Member</b>						
Regular	\$260	\$230	\$70	\$295	\$255	\$80
Senior	\$145	\$125	\$70	\$180	\$150	\$80
Student	\$145	\$125	\$70	\$180	\$150	\$80
<b>Non Member</b>						
Regular	\$330	\$290	\$75	\$365	\$315	\$85
Senior	\$180	\$155	\$75	\$215	\$180	\$85
Student	\$180	\$155	\$75	\$215	\$180	\$85

\* **Note:** a partial registration subsidy is available for students presenting at the conference; please contact the OGA office

Please indicate any dietary restrictions: \_\_\_\_\_

Payment Method:  Cheque  Visa

Card

Holders

Name: \_\_\_\_\_

Card

Number: \_\_\_\_\_ Exp: \_\_\_\_\_

Signature: \_\_\_\_\_

Continuing Education Credits: A Certificate of Attendance will be issued to all participants and may be used to obtain continuing educations credits.

Please send your **completed registration form and a cheque** payable to:

**Ontario Gerontology Association**

351 Christie St., Suite C216

Toronto ON M6G 3C3

Or fax your completed form with your VISA information to **(416) 535-6907**

GST Charitable Registration No. 119248698



**Hotel Information:**

The conference will be held at the Crowne Plaza Toronto Don Valley, located at 1250 Eglinton Avenue East, Toronto.

**Accommodations:**

Guest rooms are available at a special conference rate of \$129 (subject to room availability). Book directly with the hotel (416-449-4111) and mention the conference to obtain the special rate.

**Parking:**

Parking is offered through full valet service at a special delegate rate of \$8.00 per day.

**Driving Directions:**

*From QEW/Gardiner (Downtown):* Take Don Valley Parkway North, Exit at Eglinton Avenue East, stay in the right hand lane, exit at Wynford Drive, turn right at the lights, and pass underneath the bridge, through the next set of lights, the Hotel's entrance is on the left.

*From HWY 401:* Take Don Valley Parkway South to Wynford Drive exit, turn left (East) onto Wynford Drive, turn right at the next set of lights, the Hotel's entrance is on the right.



**ONTARIO GERONTOLOGY ASSOCIATION/  
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**Membership Application 2007 / 08**

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City \_\_\_\_\_ Province \_\_\_\_ Postal Code \_\_\_\_\_  
Mailing Address, if different from above \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_ Postal Code \_\_\_\_\_  
Phone-Work (\_\_\_\_) \_\_\_\_\_ Phone-Home (\_\_\_\_) \_\_\_\_\_  
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Occupation \_\_\_\_\_

**MEMBERSHIP FEES** *Cheque or money order payable to:*  
The Ontario Gerontology Association

Membership categories

Senior citizens	\$ 25.00
Individuals	\$ 55.00
Full Time Student	\$ 25.00
Business Industry (for profit)	\$ 350.00
Not for profit organization	\$ 100.00
<u>Donation</u>	\$

Fees and donations are GST exempt (Registration #0688101-11)

Please enclose a **cheque or VISA** information with your application

VISA Card # \_\_\_\_\_ Expiry date \_\_\_\_/\_\_\_\_

\* Charitable Registration #119248698 Tax receipt will be issued

**The Power of Positive Aging  
May 29 & 30<sup>th</sup> 2008**

**ONTARIO GERONTOLOGY ASSOCIATION/  
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# The Power of Positive Aging

## May 29 & 30<sup>th</sup> 2008

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